

Living Life Now Coaching Packages

Every person is unique. Everyone has different needs in life, so I try to always remain flexible when presenting coaching packages. Below you'll find my current coaching packages. If we decide to take this journey together, I believe that you will find the results you desire so that you can experience those awesome ah-ha moments! And of course you'll get tangible results also.

It has been my experience that the very best results come from weekly coaching. Therefore, in the beginning I highly recommend meeting once a week. In my experience, the best results usually come from weekly coaching. After four weeks, we can evaluate where you are and what you may still need and then meet every two weeks or even once a month for a while.

I have been told that changing behavior is a process- yes it takes time. Typically, it takes from 2-3 months to change behavior and achieve results that last. My contracts are not long term, but I do have clients that love their results and continue coaching for several months- even years.

Again, because YOU are unique, I have tried to custom tailor a package and pricing to fit your needs. So, I have several options available if you choose to allow me to be your coach.

Living Life Now Package #1

This package is my 90-day program (3 months – 12 sessions) which is designed to help clients with issues concerning discovering who they are and where they want to go. Sometimes clarity is the needed answer along with discovering one's life purpose and the reason they were created by God. Every one of us has a purpose in life- let's discover it together! This discovery will rid you of that unstuck feeling and get you moving forward in life again with passion.

This package has been known to be a best seller in the past. It gives me enough time to evaluate you properly and you enough time to dream again, discover where you REALLY want to go in life, and what obstacles get you bogged down and in "neutral" speed.

Includes:

- 4 x 45 -minute one-on-one coaching sessions per month (total of 12 session). Each session will be via phone or Zoom/Skype. Again, I will try to remain flexible- you are important! If we go a little longer, it's alright- it's about you getting what you need.
- If you run into a snag in-between sessions I'm just an email away. I will get right back to you as soon as I can! And of course, a quick phone call is possible if I'm available.
- Everyone needs accountability when making life decisions and changes. Not only will I offer that accountability but you will have the support you need during your journey. By nature, and divine calling, I'm a natural encourager. The prophetic anointing is also an

asset when coaching- so I need to say I always depend on the Holy Spirit to speak, lead and guide during our sessions.

I want you to love your life and have lots of fun along the way. I desire to have fun too. Let's do this together. I have found that if I have fun along my journey then I can easily change and adjust to life's challenges and set-backs. Believe me, this approach has proven to release clients to a limitless attitude and they are much more motivated to dream Big again. We WILL laugh together but also you will develop a positive attitude about your life and your future at the same time.

The total for this package is \$1,200.00. This package will be paid by PayPal and paid upfront. I have a 24-hour cancellation policy if you book a time and need to reschedule.

Living Life Now Package #2

This in-depth coaching package is designed for those who already have a good idea where they are going but need clarity, support and encouragement along the way. Sometimes people who are already moving feel that they still get stuck. I can help you keep momentum going so that you achieve the desired results.

Includes:

- Up to 4 x 45-minute one-on-one coaching sessions per month. These sessions are done via phone/ Skype/or Zoom. This can also be extended afterward with one-on-one sessions depending on the need).
- I will remain available for email support along the way and quick phone calls if necessary.
- Support, encouragement and accountability.

The total cost of this package is \$475.00. It is paid upfront before scheduling. There is a 24-hour cancellation policy if needing to reschedule.

Living Life Now Package #3

This package is offered in 2 x 45 minute sessions. If more than two sessions are needed, we will customize the plan together for future needs. (For instance, if two sessions are not enough you will pay and schedule two more sessions.) Keep in mind that MOST clients need at least 4 sessions to really experience benefit.

The cost of this package is \$250.00. This is paid upfront before scheduling. There is a 24-hour cancellation policy if needing to reschedule.